

JAMAICA DOGWOOD

(Piscidia piscipula)

Clinical Summary

Actions

- Analgesic
- Antispasmodic
- Sedative
- Antitussive
- Anti-inflammatory
- Anodyne

Indications

- Insomnia, neuralgia, headache, migraine
- Nervous tension, anxiety
- Dysmenorrhoea, ovarian and uterine pain

Traditional Use

Traditionally it has been used as an analgesic and narcotic for neuralgias and as a fish poison (fish poisons from plants are not toxic to humans unless they are injected).

Energetics

Pungent, bitter, cooling.

Constituents

Piscidic acid, isoflavanoids, glycosides (piscidin), alkaloids, resin, volatile oil, beta-sitosterol, tannins.

Use in Pregnancy

Contraindicated.

Contraindications and Cautions

Contraindicated with bradycardia (slow heart rate) and cardiac insufficiency.

Drug Interactions

Caution with central nervous system depressants.

Administration and Dosage

Liquid extract 1:1 in 60% alcohol
20 to 170mL weekly