

ALBIZIA

(*Albizia lebbek*)

Clinical Summary

Actions

- Antiallergic
- Anti-inflammatory
- Antioxidant
- Antimicrobial

Indications

- Allergic rhinitis, allergic sinusitis
- Allergic respiratory disorders especially asthma
- Eczema, urticaria

Traditional Use

Albizia was used to treat arthritis according to the Siddha (south India) system of medicine. The tribal people in Himachal Pradesh and Kashmir (both northern India) use the plant to treat inflammation, while the tribal people of Tamil Nadu (south India) use the plant in the treatment of bone fractures. It has also been traditionally used for diarrhoea, oedema, poisoning and bronchitis.

Energetics

Dry, cooling.

Constituents

Flavonoids, tannins, alkaloids, triterpenoid saponins and cardiac glycosides.

Use in Pregnancy

No adverse effects expected.

Contraindications and Cautions

None known.

Drug Interactions

None known.

Administration and Dosage

Liquid extract 1:2 in 60% alcohol
20 to 60mL weekly